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Practical principles: These are practical principles used daily in Contemplation and Yoga Meditation, not merely abstract principles (4 Practices).For a dedicated seeker of Self-Realization who wishes to tread the Advanced path of Yoga, Vedanta, and Tantra, these principles and associated practices of self-exploration and self-awareness are crucial.

### Levels and Dimensions of Consciousness in Yoga

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The Deeper Dimension of Yoga Theory and Practice. By Georg Feuerstein. ... In the spiritual traditions, however, virtue is considered a foremost principle of action. While, in Yoga, the ultimate Reality is thought to lie beyond good and evil, there is a recognized need for the cultivation of virtuous deeds, ...

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### Georg Feuerstein - Wikipedia

The Deeper Dimension of Yoga: Theory and Practice by Georg Feuerstein. Members: Reviews: Popularity: Average rating: Conversations: 80: 1: 250,184 (4.25) None: The vast and ancient tradition of Yoga is a profound path of self-transformation with goals far beyond mere flexibility.

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